



We offer a small selection of services for small businesses in need of affordable marketing assistance for both online and offline needs.

Services

ADDITIONAL SERVICES

BLOGGING

Blog Post Content, Publishing, and Optimization: Choose from content creation with links and images, or let us handle the entire process, from writing, tagging and categorizing, to publishing and optimizing on platforms like WordPress, Wix, Squarespace, or Weebly.

EMAIL MARKETING

Enhance your communication to customers with our email marketing services using platforms like Constant Contact, Robly, or Mailchimp. Whether you prefer weekly or monthly emails, we craft compelling content and source images to engage your audience or customize and edit user provided content and imagery.

Social Media Content Sourcing: Let us provide engaging content with our social media content sourcing services.

We can also assist with setup and/or optimization of social media platforms.

Graphic design for print or online, photo editing, website content and ADA website assessments are also available.

Check Out Our NEW Gift Shop!

Gifts to Soothe the Spirit and Inspire the Soul

Introducing the Yoga Madra Gift Shop, your go-to destination for mindful living and inspired giving! Our boutique gift shop is thoughtfully curated with unique, high-quality items that enhance your yoga practice and elevate your daily routine.

From handcrafted mats and eco-friendly accessories to calming candles and soothing self-care essentials, we offer everything you need to bring balance and tranquility into your life.

Happy Birthday Celebrate your foliage season birthday at the romantic Glynn House Inn. Our birthday package includes a yummy cake, balloons, a bottle of Chandon Brut plus a special gift from us. Save 25% ...Only \$52 plus room rate. Offer valid September 13 - October 26

***Mention special offer when booking by phone 603-968-3775 or [online](#)

WE SPECIALIZE IN SPEAKING TO GROUPS ON MARKETING AND OPERATIONS. WE ALSO OFFER ONE-ON-ONE TRAINING. PLEASE INQUIRE.

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Pricing Guide

BLOGGING

Option One:

SEO Optimized
including Image
Compression, Tags
and Categories

Unique Content

750-1000 Word Posts

~ \$100 ~

Option Two:

SEO Optimized
including Image
Compression, Tags
and Categories

Client Providing Some
Content

750-1000 Word Posts

~ \$65 ~

Option Three:

SEO Optimized
including Image
Compression, Tags
and Categories

Client Providing All
Content

750-1000 Word Posts

~ \$25 ~

EMAIL MARKETING

Option One:

SEO Optimized
including Image
Compression

Unique Content

3 Content Pieces

~ \$60* ~

Option Two:

SEO Optimized
including Image
Compression

Client Providing All
Content

~ \$35* ~

Complimentary
Help with New
Platform Setup.

*Not including platform
fees, set up to bill
directly to the client.

constantcontact.com/pricing

robly.com/pricing

mailchimp.com/pricing

ADDITIONAL SERVICES

Social Content Sourcing

Social Media Graphics

Social Media Templates

Graphic Design

Photo Editing

Website Content

Social Media Training

Social Media Audits

Website Audits

~\$60 hour*~

Social Media Platform

Setups (including
custom graphics) and
Optimization

- Facebook Business Pages
- Facebook Groups
- LinkedIn Business Pages
- YouTube

\$30 per platform

- Instagram
- Pinterest

\$15 per platform

*Our billing is prorated.
If we spend 10 minutes
on a project, a client is
billed for 10 minutes.

